

Checklist from
“Asperger Syndrome: Transition from High school to College and Work”
by CoulterVideo

FRESHMAN YEAR

- Visit people at their jobs to look at career options.
- Choose high school courses based on your interests.
- Choose some colleges you might like to go to and find out their requirements.
- Plan courses for rest of high school to meet those requirements.
- Take study skills or organizational skills classes, if possible.
- Work on independent living skills.
- Start community service and extracurricular activities.

SOPHOMORE YEAR

- Register to take the PSAT for practice-arrange for un-timed testing if necessary with high school guidance office.
- Attend college and career fairs.
- Continue to research colleges.
- Visit college campuses.
- Work on study skills and independent living skills.
- Continue community service and extracurricular activities.
- Start looking at college scholarships and their application requirements.

JUNIOR YEAR

- Discuss college plans with high school guidance counselor.
- Take the PSAT in the fall.
- Take the SAT in the spring.
- Determine your need for accommodations and contact Office of Disability Services for chosen colleges.
- Prepare documentation of disability to provide to Disability Services. Most colleges want to see evaluation reports complete within previous three years. Schedule re-evaluation during summer after junior year if necessary.
- (Please note that high schools are not required to pay for re-evaluation solely for purpose of providing information to post-secondary schools.)
- Look for college scholarships.
- In summer, look for college scholarship applications and start college application essay (if needed).
- Work on study skills and independent living skills.
- Continue community service and extracurricular activities.

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SENIOR YEAR

- Work with guidance counselor on college application process.
- Take SAT again, if needed.
- Make a list of colleges you want to attend, including “sure” and “stretch” acceptance.
- Consider accommodations when making college list.
- Complete college applications, checking with schools for acceptance dates.
- Request recommendations letters well in advance.
- Complete and submit scholarship applications.
- After choosing college to attend, provide documentation of disability to the college’s Disability Services office if requesting classroom accommodation. Do not send to the admissions office!
- Work on study and independent living skills.
- Continue community service and extracurricular activities.